

TODAY'S LUNCH

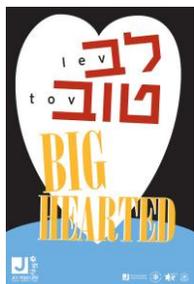
- Assorted Pizzas
- GF pizza Available
- Plain pasta
- Marinara sauce
- Sautéed green beans
- Salad Bar
- Coffee Cake
- Fresh Fruit



Lunch served
10:30AM-2:30PM

DID YOU KNOW?

Eleven agencies and over 11,850 people are being lifted up by the JCC Cares projects completed at the 2017 Capital Region JCC Maccabi Games



LIGHTS, CAMERA, ACTION!

By Rachel Zucker
& Sophie Pritchett



On Wednesday, the Star Reporters at the 2017 Capital Region Maccabi Games were sent behind the scenes to WNYT-TV Channel 13 in Menands, NY. We were able to learn about all the different roles that go into putting together a newscast. From the anchors, reporters, production staff to sales and marketing - there are lots of things that make a TV station work.

By far, we were most blown away by all the optical illusions put in place to make it look like the reporters are not in a set. There was a mock kitchen for all the guest cooks who do segments on the show.

Channel 13 Chief Meteorologist, Bob Kovachick explained to us how he prepares for a weather forecast. The weather is done in front of a blank

green screen which then makes it look like the images are actually behind Bob. That was quite a unique look at things.

It was an enthralling experience and one we will never forget.

TONGUE TWISTER

By Emily Kurlander

Most athletes are here at the 2017 Capital Region Maccabi Games for their athletic talents but Nathan Yaghoubian isn't just here to play basketball with the Stamford, Connecticut delegation. The 14-year old has a hidden talent.

At just 5 years old, Nathan had an amazing discovery – he can curl up his tongue like a flower. Nathan said, "My mom could do it and I tried it one time and it worked." He didn't have to practice it just came naturally. "Girls think it's weird but my friends think it's cool," Nathan explained. "I think it's funny."



THE NEW YORK TORONTO'S

By Amitai Goldmeer



A Toronto ice hockey fan living in New York's Capital city might seem pretty surprising. Not if you are David Liebschutz. The Albany resident is a volunteer and host of three Maccabi

hockey players from Toronto, which has turned his allegiance for the week to the Canadian boys. He loves volunteering due to his ability to problem-solve and to help others around him.

David took the week off from work because "I thought it was important to support my community ..." He is definitely ready both for the week, and to see how his Canadian team is going to do throughout the games.

5 QUESTIONS WITH...

By Aaron Ligator & Haley Zorn

Talia Levy, Emalee Barr and Sabrina Fedida of the Fort Lauderdale delegation play on U14 girls basketball team.

1. What's the craziest thing you've ever done? "I've been bungee jumping in New Zealand. I was pretty scared but once you jump it's over. It's 0.3 seconds. Your adrenaline takes over," said Emalee.

2. Have you met any famous people? "I've met Kylee Jenner at a restaurant."



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[#CAPMAC](https://www.instagram.com/CapitalRegJCCMaccabi)

Daniel Skye (Musician) is one of my brother's best friends," Sabrina told us.



3. What's your favorite sports team? "The Miami Heat because I love basketball and I'm also from Florida. I watch baseball with my grandpa. The Marlins are my team," Talia stated.

4. What has been your best Maccabi experience so far? "Being able to play against the girls in the same host house as we are because we're really close friends. It's really fun to compete against them and seeing them at the activities," Emalee told us.

5. Is there anything interesting about your host family? Talia said, "We're staying in a Shabbos house. There's 12 of us in the same house. It's gigantic and people are so sweet. They have 8 children."

together Jews in an area where the Jewish community isn't that large." However, the 14-year old basketball player from Albany dislikes hosting the Games because it means that his parents are always watching. "Your parents volunteer, are at every event and are watching you all the time." Overall Max would rather go to a different place for Maccabi. "It's cool to have it somewhere else so you get to have new experiences in other places."

Fiona Schlossberg disagrees. Although her parents embarrass her, they also help her too. "It's easy because you don't have to go far and you are with your family and they are there to support you," the Capital Region native said. The 12-year old basketball player believes it takes a weight off your shoulders. "It's better to have it in your home town because it's a lot less stress allowing you to play better." Max and Fiona have differing opinions, so who do you side with -- Max or Fiona?



SNACKS, SNACKS AND MORE SNACKS

By Eli Horwitz

As the adage goes, when the food is free – it tastes



even better. That's the case for Brandon Garber.

The 16-year hockey player from the Philadelphia delegation raved about the snacks provided by the Maccabi Games during his time in Albany. "They give you a bunch of healthy options and then there's the candy. Snickers, Rock Candy...but the Mike & Ikes are my favorite – especially the red ones", Brandon explained.

He added, "Playing hockey makes us thirsty too. We get a case of Gatorade for every game. That's amazing!" We at the Daily Torch would like to personally thank the sponsors, donors and volunteers for keeping us all well fed and hydrated too!

have any food at home, assembling literary bags for people that don't have any books at home, making Rosh Hashana bags and decorating cards. These are all great deeds for the community.

Gail Kendall, the chairperson of the Capital Region JCC Cares, says that this project has been a huge undertaking, but she still is happy to help and likes what she's doing. "I've organized about 12 annual mitzvah days for local synagogues but this is a really big undertaking. It feels good. You want to feed hungry people and that's what we're doing."

Emily Newman, a basketball player from the Central Jersey delegation, explained that she liked working with JCC Cares to help the people out there less fortunate than her. "These activities gave me perspective and made me realize some of the things that I take for granted and be happy for what I have." JCC Cares helps the community by "repairing the world".



JCC CARES

By Kaylee Carr

During the Maccabi Games, the athletes are working with JCC Cares doing Mitzvah projects. The athletes are making 600 lunch bags for homeless people, packing grocery bags for people that don't

HOME OR AWAY

By Ben Goldberg

The Capital Region welcomed the 2017 Maccabi Games with open arms. Hosting the games means that families in the area provide a home for the visiting athletes. That has its ups and downs.

Max Carothers sees the importance of hosting Maccabi as a town, "It helps bring